



FULL MOON

BLESSINGS

MY OFFERING TO YOU

A FULL MOON MEDITATION

DEAR BEAUTIFUL SOULS,

During my meditation today, I found myself in my beautiful house sitting at a table. I felt golden sparkles of energy flowing over me, around me. As I sank deeper into my heart, I felt a beautiful Angel embrace me from the back. Her soft whispers were carried in the wind.. This is what she said.

“Dear beautiful child,

You are enough. You have done enough. You’ve done so much. So much more than you are giving credit to yourself. I see you. Not only in the “things” that you have accomplished in your physical world. But in all of the ways that your energy has shifted within you, the expansion and growth that has occurred as you have moved through the journey of life. I am holding you today, sweet one. Holding you in all of your glory. With the knowing that in my embrace of you, you shall receive a deep realisation of the wholeness of you; all of you. We are holding all of you. Thank you for your service to the world, your service to your soul. You are remembering who you are and all of us here are celebrating together with you.”



MOON MEDITATION

CONTINUED

How often do we only stop to celebrate, when we have finally completed or accomplished something? I know that that is what I tend to do as well - celebrate all of my achievements.

Celebration is not limited to the end of your achievements. I invite you to celebrate during the in-between moments of your creations and wholehearted living. I invite you to celebrate the birth of an idea because in that moment, you had been open to receiving your inner guidance and emotions.

I invite you to slow down and appreciate the little joys of life - a smile from a stranger or a smile on your lips, a kind word, a lovely connection. In your appreciation, I invite you to celebrate your life. I invite you to celebrate the joy of your beingness, your simple and extraordinary existence.

So today dear one, I invite you to celebrate you - in all of your magnificence and how far you have come in your life. You are here now, alive and beautifully connected. Your heart is open and there is peace here in your sacred space. There is nothing that you need to do today - only celebrate you!



I love you dear one!